



LEADERSHIP ACADEMY 2025

FEBRUARY 28 - MARCH 2, 2025 TRINITY PINES | CASCADE, ID

The iDFY Leadership Academy is the perfect place to develop and enhance a leadership skill set and bring cohesiveness to a group of students. The weekend's events will include interactive workshops, team-building activities, and meaningful discussions designed to inspire leadership, foster growth, build connection, and help you find the magic of iDFY and the IYS.

EVENT DETAILS:

Dates: February 28 – March 2, 2025

Location: Trinity Pines Camp & Conference Center, Cascade, Idaho

For: Idaho Students in grades 8-12 & Adult Chaperones and/or iDFY Advisors

Theme: "Sweet Imperfections" – Emphasizing that imperfection isn't a weakness but the spark that makes leadership authentic, relatable, and powerful.

Cost: \$150

Transportation is not provided by iDFY.

HIGHLIGHTS:

Engaging Workshops: Participate in interactive sessions that build confidence and enhance leadership abilities.

Fun Events: Enjoy a variety of activities designed to foster teamwork and personal growth.

Scholarship Opportunities: Financial assistance is



Check-In:
Please arrive at Trinity Pines between 6:00-7:00 PM.



Departure:
The retreat will end on Sunday at 11:30 AM, with the latest departure at 11:45.

WHAT TO EXPECT

3-day, 2-night lodging at Trinity Pines in heated, bunk-style cabins.

We will provide a snack on Friday evening, breakfast, lunch, and dinner on Saturday, and breakfast on Sunday. You will be responsible for providing your own meals during travel on Friday and Sunday.

Adult Advisors will serve as chaperones in cabins with students.

You can expect the Leadership Academy to be an active, participatory retreat where youth and adult participants are engaged in activities from morning until evening. We ask that you come well-rested and ready for this engaging and exciting weekend!

QUESTIONS?

If you have any questions, please call or text the iDFY team at (208) 643-8180. For emergencies, contact the Trinity Pines office at 208-382-6200.

[IDFY.ORG/LEADERSHIPACADEMY](https://www.idfy.org/leadershipacademy)

GETTING TO LEADERSHIP ACADEMY

DRIVING DIRECTIONS TO:

TRINITY PINES CAMP & CONFERENCE CENTER
349 CABARTON RD, CASCADE, ID 83611

From I-84 in southern Idaho: Take Hwy. 55 (Eagle Exit) north. Follow signs to McCall. When entering Cascade, ID cross over the railroad tracks then turn left onto Cabarton Road. Go one mile and the entrance to Trinity Pines is on your right. Please arrive at Trinity Pines no earlier than 6 pm and no later than 7 pm.

Leadership Academy Participants are to remain on camp grounds for the duration of the academy and will not be permitted to leave until the conclusion of scheduled events at 11:30 on Sunday, March 2nd.

WHAT TO BRING

Packing List:

- Sleeping bag or warm blankets for bunk-style beds
- Pillow
- Towel and washcloth
- Toiletry items
- Water bottle
- Flashlight
- Casual, warm clothing (school dress code applies)
- One pair of closed-toed outdoor shoes
- Coat or Jacket for winter conditions
- Spending Money for Trinity Pines Camp Store & IDFY merchandise.

FAQ'S

Do I have to be a member of iDFY to attend? Who will be there?

The iDFY Leadership Academy is open to all Idaho students in grades 8-12, and you do not need to be an iDFY member to attend. The iDFY Leadership Academy is perfect for any Idaho student looking for an incredible leadership-focused experience. This retreat will enhance the leadership skillset and bring cohesiveness to a group of students. This event is also perfect for students in iDFY Chapters, student government, mentors, or any other student group or team. You can expect a diverse group of students who represent several regions, schools, and student groups throughout Idaho. Curious about iDFY? This retreat, as well as the Idaho Youth Summit, are both great ways to get involved.

Is adult supervision provided?

Student groups are required to provide an adult chaperone for every group of 2 or more registered students. Individual students who attend as individuals will be assigned to a cabin group with another groups of students, and chaperoned by an adult who is a designated and vetted chaperone from another school. All chaperones are required to participate in a background check.

Are scholarships available?

A limited number of youth and adult scholarships are available to offset the cost of the registration fee. These will be available on a first-come first-served basis. Apply at www.idfy.org/leadershipacademy.

QUESTIONS?

If you have any questions, please call or text the IDFY team at: (208) 643-8180.

For emergencies during the retreat, contact the Trinity Pines office at: (208) 382-6200.



IDFY LEADERSHIP ACADEMY MEDICAL FORM
Please complete, sign, and return by February 15th, 2025

Participant Name _____ Date of Birth _____ Age _____ Gender: Male Female
Address _____ City _____ State _____ Zip _____
Emergency Contact 1 _____ Emergency Phone # _____
Relationship _____ Alternate phone _____
Emergency Contact 2 _____ Emergency Phone # _____
Relationship _____ Alternate phone _____
Family Physician _____ Phone (_____) _____
Family Dentist _____ Phone(_____) _____
Date of last Tetanus shot ____ / ____ / _____ Medical Insurance
Company _____
Insurance ID # _____ Group# _____

Would you allow your child to take over-the-counter medications, such as Tylenol, or Advil? YES No

Please list over the counter medication(s) participant will bring to the event: _____

Description of any limitations or restrictions on event activities: _____

Prescription medication(s) participant will take at the event; list medication/dose/times taken: _____

Medication Allergies* _____

Food & Other Allergies: _____

*ALL INDIVIDUALS ALLERGIC TO BEES MUST BRING AND CARRY AN EPIPEN WITH THEM.

RELEASE OF LIABILITY

I, _____, the parent/legal guardian of _____ hereby consent to his/her travel attendance and participation in the event conducted by Idaho Drug Free Youth known as the iDFY Leadership Academy, February 28th - March 2nd, 2025. In consideration of his/her participation in the event, I, intending to be legally bound, hereby forever release and discharge Idaho Drug Free Youth, Inc (IDFY), its agents, representatives, successors and assignees, as well as my local school district from all liabilities, claims, demands, damages, costs, expenses, which I, or the above minor for whom I am signing, may now or hereinafter claim arising out of his/her participation in the above referenced IDFY event, including travel to and from said event. In case of emergency, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the physician selected by the adult leader in charge to secure proper medical treatment, including without limitation, hospitalization, anesthetic, surgery or injections of medications for my child. I attest and verify that, to the best of my knowledge, his/her physical condition and fitness are adequate for him/her to safely participate in the activities of the iDFY Leadership Academy

Participant Signature - (under 18) _____ Date _____

Parent/Guardian Signature _____ Date _____

Participant - (over 18) _____ Date _____

IDFY Leadership Academy: RULES AND REGULATIONS

Please complete, sign, and return by January 10th, 2025

Email to: hello@idfy.org

Please read the Rules and Regulations form thoroughly. Idaho Drug Free Youth is committed to providing a safe environment where the safety, health, and the wellbeing of attendees is a priority. Rules and Regulations have been established to uphold the iDFY mission: *Empowering Youth to Live Happy and Healthy Lives free of substance use*. All those who attend are expected to model, support, and follow the outlined Rules and Regulations at all times.

Please Note: All bags are subject to search.

1. Attendance: Participation and attendance is required at all meals and camp activities.

2. Remain on Grounds: Attendees are to remain on camp grounds at all times. Unauthorized excursions are not permitted.

3. Tobacco/Alcohol/Drugs: Tobacco products, e-cigarettes, alcohol, and drugs of any kind are NOT PERMITTED.

- For the health, safety, and consideration of all attending, smoking and the use of any tobacco or nicotine products, including vaping and e-cigarettes, are not permitted.
- At no time shall a person be in possession of, use, or be under the influence of an illegal drug, alcohol, or harmful substance.

4. Prescription Medication: Prescription medication must be documented on the medical form.

5. Social Responsibility: Attendees are expected to conduct themselves in a mature and responsible manner. Good citizenship, self-control, and appropriate behavior are required at all times. All attending are expected to respect one another and personal property. All are expected to work together as a team to ensure a positive experience for all. Any behavior, which is harmful, demeaning, or offensive to others, is not permitted. All attending are required to respect and assist in maintaining a clean/safe camp environment, including: grounds, buildings, etc.

6. Weapons: Firearms/ammunition, explosives, knives or any other type of item considered dangerous is not permitted.

7. Personal Items: iDFY is not responsible for lost, missing, stolen, or broken personal items. Personal items should be clearly labeled. Expensive electronics are not advised; bring these types of items at your own discretion.

8. Visitors: Outside visitors, non-registered attendees, or unauthorized guests/observers are not permitted in camp without the approval of the Executive Director.

9. Dress Code: Dress is casual. Plan for cold winter weather. **School dress codes apply:** short-shorts, tube tops, bare midriffs, see-through clothing, clothing depicting illegal substances, sexual, derogatory content, and/or vulgar language are not permitted.

(If the participant is under the age of 18, the parent/guardian must complete the following) Read, initial, and sign.

As the guardian/responsible party. I declare the following:

1. I have read and reviewed the Rules and Regulations form **Initial** _____

2. I understand that a violation of Rules and Regulations will result in the removal of the individual and that I will be held financially responsible for any all expenses that may incur. **Initial** _____

3. I understand Idaho Drug Free Youth has a no tolerance policy. **Initial** _____

Guardian/Responsible Party: I understand that any violation of the rules listed herein may result in dismissal from the event & that I will be held financially responsible.

Guardian/Responsible Party Signature: _____ **Date:** _____

Participant Under 18: I am under the age of 18 and confirm that I have read, understand, and will comply with the outlined Rules and Regulations.

Signature: _____ **Date:** _____

Attending 18 and above: I am an adult, over 18 years of age, have read, understand, and will comply with the outlined Rules and Regulations.

Signature Required: _____ **Date:** _____