

START A CHAPTER IDAHO DRUG FREE YOUTH



MAKE A DIFFERENCE IN YOUR SCHOOL BY STARTING AN IDFY CHAPTER!

More than a drug prevention program for Idaho teens, iDFY is a way of life—a place for young people to be fully embraced, free of labels and stereotypes. With a healthy dose of inspiration, acceptance, and connection, iDFY challenges Idaho teens to create a healthy lifestyle and to become leaders who actively seek to positively impact their schools, communities, and all of Idaho.

We invite you to consider starting an iDFY Chapter:

Official iDFY Chapters

Join Statewide Network	✓
Recognized on iDFY Website	✓
Priority to Present Workshop(s) at Idaho Youth Summit	✓
Discount on iDFY Event Registration	15% Discount
Registration at Idaho Youth Summit	1 Free Adult for every 3 Paid Youth
Access to Youth Vision Campaigns	✓
Advisor Stipends	Up to \$1,000 per year
iDFY Bucks	Up to \$1,000 per year
iDFY Chapter Manual	✓
iDFY Activity Manual	✓
Membership Cost	\$91 Start-Up Fee (One-time)



IDFY CHAPTERS & MORE!

i2i Workshops

- Interactive sessions breaking down barriers and building empathy.
- Engages students in activities that promote unity and understanding.
- Available in 3-hour or 6-hour formats in schools.

Idaho Youth Summit (IYS)

- A 4-day camp focused on leadership and substance prevention.
- Builds lasting friendships in a supportive environment.
- Inspires teens to make a positive impact in their communities.

Youth Vision

- Youth Vision Campaigns
- Youth Vision Ambassadors
- Youth Vision Network
- Social Media Outreach

Sign up at
idfy.org

HOW TO START A CHAPTER

IDAHO DRUG FREE YOUTH

Identify Advisors

Find 1-2 adults who are willing to take on the responsibility of mentoring students, overseeing chapter activities, and ensuring the chapter runs smoothly. Advisors play a crucial role in supporting and guiding students through their activities and campaigns.

Work with School Leaders to Get Permission

Before launching the chapter, meet with school administrators to present the goals and benefits of an IDFY Chapter. Secure their permission and support, which is crucial for the chapter's integration into the school's extracurricular activities.

Recruit Students

Gather a group of students who are interested in promoting a drug-free lifestyle and supporting their peers. Any number of students can join, but they should be committed to the cause and willing to participate in chapter activities.

Establish a Leadership Team

Organize a leadership team within the chapter, typically including positions such as President, Vice President, Secretary, and Treasurer. This team will be responsible for planning activities, leading meetings, and engaging with other members.

Conduct Regular Meetings

Hold monthly chapter meetings that are typically student-led and supervised by advisors. Meetings should include an energizer or icebreaker, updates from the Secretary, discussion on the monthly campaign materials, and participation in activities.

Plan and Execute Activities

Plan chapter activities that promote drug-free lifestyles. These activities can range from small events like lunchtime meetups to larger community projects. The activities should align with the four core values of IDFY: Support, Empowerment, Knowledge, and Fun.

Participate in Statewide Events

Encourage students to participate in IDFY's statewide events, such as the Idaho Youth Summit, which offers further leadership opportunities and a chance to connect with other chapters across the state.

Implement Youth Vision Campaigns

Engage in IDFY's youth-driven campaigns, which are updated annually to provide your chapter with fresh content on substance use prevention. These campaigns provide valuable resources to increase advocacy and educational resources within your students, school and community!

Maintain Communication with IDFY

Stay in regular contact with IDFY staff for support and guidance. Advisors are expected to submit evaluations twice a year and promote IDFY events.

Engage with the Community

Involve the community by organizing events, inviting guest speakers, and collaborating with local organizations. Community engagement is essential for the success and sustainability of the chapter.